

Appointment Checklist

Before Surgery

Dental exam (at least one month before surgery)

DATE _____ TIME _____ LOCATION _____

Lab work/EKG

DATE _____ TIME _____ LOCATION _____

Appointment with primary care provider

DATE _____ TIME _____ LOCATION _____

Total Joint Class

DATE _____ TIME _____ LOCATION **St. Charles** _____

Pre-op appointment with surgeon, nurse practitioner, and/or physician assistant at The Center

DATE _____ TIME _____ PROVIDER _____

DATE _____ TIME _____ PROVIDER _____

Surgery

DATE _____ CHECK-IN TIME _____ LOCATION _____

After Surgery

Post-op appointment with surgeon, nurse practitioner, and/or physician assistant

DATE _____ TIME _____ LOCATION _____

Post-op appointment with physical therapist

DATE _____ TIME _____ LOCATION _____

What to bring to your appointments

- List of all medications (including over-the-counter medicines, vitamins, and herbal supplements). Include the dose and how frequently you take them. *See page 5, where you can list these medications.*
- Primary care provider's name
- List of all current medical problems
- List of previous surgeries
- Paperwork from other providers
- Insurance card
- Photo ID
- List of questions
- Advanced Directives
- Your coach
- This guide

Make sure to **bring your coach** to your pre-op appointments.